

For Referrals,  
CONTACT:



## Regional Program – CDW

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## Regional Program – CDW

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## Birth to Three Early Intervention Program

Division of Public Health  
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Website:  
[de.gov/birthtothree](http://de.gov/birthtothree)



DELAWARE HEALTH AND SOCIAL SERVICES  
Division of Public Health  
Birth to Three Early Intervention Program



Helping Delaware's parents  
make the most of  
their children's early years

# DEVELOPMENTAL Milestones

## Does your child:

### By 3 months:

- Push up on his arms and hold his head up?
- Follow a moving toy with his eyes?
- Startle by a loud noise?

### By 6 months:

- Sit up with light support?
- Babble when alone?
- Reach for objects?

### By 9 months:

- Sit without support?
- Crawl (up on hands and knees)?
- Imitate sounds such as mama and bye-bye?

### By 12 months:

- Pull up to a standing position?
- Finger-feed self solid foods?

### By 18 months:

- Walk well and run?
- Name some objects?

### By 24 months:

- Walk up and down stairs?
- Stack 2-4 objects?
- Use 2-3 words



## If you see a delay, don't delay.

You can fill out a Developmental Screen at:

[de.gov/birthtothree](https://de.gov/birthtothree)



## How can the Birth to Three Early Intervention Program help?

It can help determine if your child needs services and supports, and coordinate the services to help your child learn during everyday activities and routines and provide assistance in understanding your child's disabilities and how to help them learn.

## What is a Family Service Coordinator?

A Family Service Coordinator (FSC) is a person who works at the Birth to Three Early Intervention Regional Program – Child Development Watch. The FSC is your main contact during your time in services.

The FSC makes sure that parent rights are protected, helps families identify their strengths and needs, find resources think about decisions the family needs to make, and coordinate all the services that are recommended.

## How do I find out if my child is eligible?

Your FSC will arrange for an evaluation at your house, your child's Child Care Center or the Child Development Watch office.

## What happens next?

You, your FSC, the evaluators and anyone else you want to include make up the "team" and meet to develop a written plan called an Individual Family Service Plan (IFSP) within 45 days from the time of the referral.

## What can I expect from early intervention services?

Services are provided in natural environments, those places where children usually play or take part in daily activities.

## How much will early intervention cost?

The multidisciplinary evaluation is provided at no cost to the family; if services are needed, insurance or other methods of payment apply as referenced in the system of payments policy that your FSC will explain to you.

## What happens when my child turns three?

The FSC will help you plan the next steps for your child when they leave the early intervention program at age 3.